

# East Lancashire Prostate Cancer Support Group Newsletter



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## *Health-related quality of life for immediate versus delayed androgen-deprivation therapy in patients with asymptomatic, non-curable prostate cancer (TOAD): a randomised, multicentre, non-blinded, phase 3 trial: Beyond the Abstract*

The publication “Health-related quality of life for immediate versus delayed androgen-deprivation therapy in patients with asymptomatic, non-curable prostate cancer (TROG 03.06 and VCOG PR 01-03 [TOAD]): a randomised, multicentre,

non-blinded, phase 3 trial”<sup>1</sup> is the companion paper to the survival results<sup>2</sup> for the TOAD (timing of androgen deprivation) prostate cancer trial published last year in the Lancet Oncology. The main question being addressed by the trial, which com-

menced back in 2004, was whether starting androgen deprivation therapy (ADT) immediately upon the diagnosis of PSA relapse after definitive treatment, rather than waiting for further progression, would prolong survival. (A small subgroup of participants consisted



of asymptomatic men with newly diagnosed cancer who were not going for curative treatment ). The results of the trial, although it was underpowered, suggested that the immediate approach did offer a survival advantage, particularly for men with poorer risk factors at relapse ( rapid PSA doubling time or short relapse-free interval ), who tended to need to start ADT relatively soon anyway. The counter-balance of any survival gain is of course the potential detriment in health-related quality of life ( HRQOL ) related to treatment toxicity. We therefore asked the trial participants to complete quality of life questionnaires ( EORTC QLQ-C30 and PR-25 ) prior to randomisation and on seven subsequent occasions over five years. We achieved over 90% response rate across the five years, giving validity to our findings.

No statistically or clinically significant differences in global quality of life or in physical, role or emotional functioning, were found between the immediate and delayed trial arms over the five year period from trial entry. When examining those HRQOL domains relating to possible toxicity of treatment, men starting immediate therapy had clinically significant HRQOL detriments, to be expected, from hot flushes, nipple tenderness or enlargement and lower levels of sexual activity than those in the delayed arm. These differences were evident early, but had essentially disappeared after about two years, reflecting increasing numbers of men in the delayed arm who started therapy, or perhaps ongoing ageing in this older age-group. Interestingly, there were no differences found in the prevalence of ' feeling less masculine ' or in sexual functioning for those who were sexually active, but low levels of sexual activity were reported in both arms. No other differences were noted.

These findings are interesting for several reasons. This is a group of men who have already experienced a cancer diagnosis, and who have undergone attempted curative therapy that has failed. They may have already experienced a significant detriment in HRQOL related to their primary therapy, followed by a diagnosis of relapse, albeit early and asymptomatic. The low levels of sexual activity in both arms prior to randomisation or to the introduction of hormonal therapy attests to both the effects of prior treatment and possibly to the age-group of this cohort ( a median age of 70+ years ) , although we do not have a control group of men of this age without prostate cancer to compare. It may be that the overall quality of life in the immediate therapy group might have been favourably influenced by the perception that their disease was being brought under control and that nuisance side-effects from therapy were worth putting up with.

The questionnaire responses indicated that up to 20% of men on androgen deprivation therapy ( ADT ) did not experience any particular ' bother '. The other side of this coin is that some men may experience profound distress when on ADT, a point emphasised in the accompanying

editorial by Dr Saad<sup>3</sup>, and that this might go unrecognised when undertaking standard statistical analyses of the whole cohort. We have not yet looked at individual responses from the participants to address this question, however it should be remembered that these are men with significant HRQOL detriments from prior therapy, such as reduced sexual function, and adding another insult to such injury might not have a large incremental effect. We also permitted intermittent ADT protocols, which may have lessened the overall impact of ADT on participants. It must also be noted that the majority of these men will need to embark on ADT for disease control at some stage (60% by 5 years), so it is perhaps a question of when rather than if at all.

It is always appropriate to try and tailor patient management to the severity of the condition. Men facing this treatment choice need to know what their risks of rapid progression are to add to the equation of benefit versus risk. We found that a rapid PSA doubling time at the time of relapse (less than 10 months, which was the cut-off defined when the protocol was developed in 2003), or a relapse-free interval after primary treatment shorter than two years were significant predictors of starting therapy in the delayed group earlier than the protocol-recommended interval. For these men particularly, it can be argued that the potential survival gain of early intervention would outweigh any HRQOL benefit from delaying treatment a few months or so.

In summary, we have provided useful information to discuss future management options with this group of patients, in terms of the likely HRQOL effects of treatment and the natural history of disease progression without intervention depending on an individual's disease profile.

[Read the Abstract](#)

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## References

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# Advanced 3D Prostate Targeted Therapy

## Successfully Treats Various Prostate Diseases

"Prostate disease" is believed as one of most intractable diseases in the medical profession. As the root causes of prostate disease are not fully known by the traditional medical community, so successful treatment of prostate disease is not an easy task. There are many different treatments, but in most cases, both doctors and patients are not satisfied with the results from these prostate treatments.

3D Prostate Targeted Therapy is an advanced non-surgical method that is not harmful, has no side effects and no possibility of relapse of the original disease, to completely treat various types of prostate disease and complications, such as prostatitis, enlarged prostate, benign prostatic hyperlasia (BPH), prostate cancer, seminal vesiculitis, epididymitis, cystitis, prostate blockage and calcification, and chronic pelvic pain syndrome (CPPS), etc.

[Dr. Song](#) has been engaged in prostate disease researches and treatments for 28 years. He has more than 100,000 times of experience in prostate massage and laboratory analysis and microbial testing and prostate of targeted tiny injections treatment. He has undergone the whole treatment process of thousands of patients with complex cases, and have received patients' affirmation of the curative effect in clinical practice. The result is the creation of his unique proprietary 3D Prostate Targeted Treatment, in which he holds all the independent intellectual property rights.

3D Prostate Targeted Therapy is one of the best prostate treatments, and 3D Targeted Treatment Doctors are one of the best doctors treating prostate diseases in the world. [Testimonies](#) and [videos](#) from patients all over the world fully demonstrate this.

Dr. Song leads his medical excellent team and they continue to do research on prostate diseases. The research results are used to continually develop and improve the 3D Targeted Therapy, to scientifically treat various complicated prostate diseases, and constantly shorten the patient's course of treatment and improve the success rate. Dr. Song and his team are trusted and respected by patients all over the world.

### [3D Prostate Targeted Treatment](#)

Our proprietary 3D Prostate Targeted Treatment is superior to all other treatments currently available for the eradication of the causative pathogens and pathogenic cells rooted deep in the prostate, and for clearing prostatic endotoxin and blockage and calcification, and for curing prostate diseases with non-surgical methods. 3D Prostate Targeted Treatment consists of several steps: (1) **Determining**- the first step is a complete evaluation and comprehensive testing to determine the causative pathogens and prostatic endotoxin, and the lesion tissue sites of your prostate condition. (2) **Destroying**- once those causative pathogens and prostatic endotoxin are known, treatment begins by Destroying those causative and prostatic endotoxin conditions through tiny injections of targeted powerful treatment medicines directly into the prostate. These treatment medications all belong to

herbal extracts without any side effects, including anti-infective herbal extracts, anti-enlarged herbal extracts, anti-cancer herbal extracts, unblocking herbal extracts, and improving immunity and blood circulation herbal extracts, etc. (3) **Discharges**- a proprietary unblocking formula directly discharges various prostatic endotoxin and blockage and calcification substances from the prostate. This prostate treatment technology is unique in the world.

After the causative pathogens and pathogenic cells have been eradicated, and the prostatic endotoxin and blockages and calcifications have been cleared, the prostate develops its own healing stages — the prostatic lesions shrink significantly and return to near-normal texture and shape. The patient's symptoms and general condition improve as the body heals itself over time. The prostate blood circulation and endocrine secretions tend to return to normal. Urination improves significantly, and pain disappears.

The result is a truly successful treatment of your prostate problem. Countless patients have been helped this way including many advanced cases of very long term sufferers of prostate problems. This prostate treatment technology is unique in the world.

### **Prostate Disease Causative Conditions**

Prostate diseases are usually caused by various causative pathogens and various prostatic endotoxins.

The most common pathogens include two types of bacterial and non-bacterial ones. The most common bacterial pathogens are staphylococcus, streptococcus, enterococcus, escherichia coli, corynebacterium, proteus, klebsiella, etc. The most common non-bacterial pathogens are virus, chlamydia, mycoplasma, fungus, and trichomonas, etc. We have found there are one or more specific pathogens for all prostate diseases in the development process. We can often find these bacteria in the patient's prostate, like Staphylococcus Aureus and Streptococcus can cause enlarged tonsil, and Streptococcus bovis can cause rectal cancer-like.

Prostatic endotoxin refers to harmful substances within the prostate. Prostatic endotoxin is divided into exotoxin and endotoxin. Exotoxin refers to external environment pollution, such as, air pollution, water pollution, and food pollution. Environment pollution brings harmful chemical materials, such as heavy metal cadmium can lead to prostate cancer. Endotoxin refers to harmful products created in the human body during the process of metabolism. These harmful products include: lactic acid, ketone acid, uric acid, and free radicals. Prostatic endotoxin also includes: biological toxins produced by pathogenic micro-organisms, excess fat, and old and dead cells within the prostate. Prostatic endotoxin can accumulate in the prostate through a variety of channels into the prostate, such as rectal spread, blood circulation, lymphatic circulation, and bladder urine backflow, etc. These endotoxins damage prostatic cells and tissues, irritate the urethra and nerves, and cause dysuria and male sexual dysfunction. When prostatic endotoxins continuously deposit in the prostate, they cause the prostate blockage, prostate calcification, and prostate cancer.

The causative pathogens and prostatic endotoxin, direct damage to prostate cells and tissues, produce a variety of pathological cells, compromise gland function, and the quality of semen, stimulate the urethra and nerves, can cause dysuria and male dysfunction. And then the prostate and vas deferens tubes become blocked, and calcification form. Over time the prostate begin to form a variety of lesions, including infection lesions, hypertrophic lesions, cancer lesions, resulting in an enlarged prostate.

These pathogens and prostatic endotoxin must be identified through proper specimen sampling techniques so the most effective treatment medications can be used for pathogen and endotoxin clearance. However, many urologists and healthcare providers are un-

able to properly identify the problem causing pathogens and endotoxin because of (1) a lack of understanding of the biology necessary to obtain accurate test result, and (2) inadequate or incorrect testing methods. Unfortunately, the blind use of oral and systemic injection medications to treat these conditions have become the treatment standard. At the same time many healthcare providers refuse to acknowledge the existence of causative pathogens and prostatic endotoxin. This results in treatment failure and additional complications (side effects) from the overuse and misuse of medications. In turn, this makes the initial prostate diseases become more complex and difficult to treat.

At our 3D Urology and Prostate Clinic we have overcome the problems of testing and identifying causative pathogens and prostatic endotoxin. We have our own biological laboratory. We use a full set of laboratory examination and testing procedures in combination with our 3D Prostate Targeted Treatment to accurately determine (1) the causative pathogens and prostatic endotoxin of prostate disease, (2) the most effective treatment medications by drug sensitivity testing, (3) the location of various lesion tissue sites, and (4) the best treatment method to remove the causative pathogens, clear prostatic endotoxin and blockages and calcification, and discharge harmful substances.

### **Prostatic blockage and calcification lesions**

The prostate is a compound tubuloalveolar exocrine gland. There are 30-50 acini in the prostate gland and 16-32 tiny ducts opening in the posterior urethra, this structure cannot discharge secretions well. Once the causative pathogens and prostatic endotoxin go into the prostate through different pathways, they directly damage the epithelial cells of the prostate and produce pathological cells, cause prostate congestion and swelling. Acini and ducts in the prostate gland begin to form blockage, secretions cannot be discharged, and calcification will be formed inside the blocked areas. Overtime the prostate began to form a variety of lesions, including infection lesions, hypertrophic lesions, cancer lesions, resulting in an enlarged prostate.

The causative pathogens and pathogenic cells and prostatic endotoxin hide in the blocked areas, but when a patient's immunity is weak or stimulated by internal or external factors, their growth and reproduction make the prostate irritated and enlarged, and compress the surrounding tissues such as the lymphatic ducts, tiny blood vessels, glandular tubes, nerves, the posterior urethra, bladder, vas deferens and ejaculatory duct. Sometimes, the causative pathogens and pathogenic cells and prostatic endotoxin can spread to the seminal vesicles, spermatic duct, epididymis, and other areas, which will cause many symptoms. Because of the lack of blood flowing to the blocked areas, oral and systemic injection medications will not effectively penetrate these blocked areas.

Our unique localized 3D targeted injection method is the only technique of its kind. It is the best method to place medication directly into the core of the prostatic blockage and calcification lesions, and it can avoid the side effects and resistance which are normally brought about by systemic administration. 3D targeted injection will place the medication in the blockage and calcification lesion tissue areas in the prostate, and the concentration of medication in the core of the lesion tissue areas will be dozens of times higher than systemic administration, making drug resistance unlikely. The medicine duration and efficacy of each targeted injection can last more than dozens of hours in comparison with a few hours of systemic administration.

As 3D Prostate Targeted Treatment is progressing, the discharged harmful substances in the urine can be clearly seen with the patient's eyes, so the treatment effect is real. Once all harmful substances are removed, prostate symptoms usually improve significantly and totally disappear over time; the lesion areas return to normal and the prostate recovers.

3D Prostate Targeted Treatment techniques and our unblocking formula are unique in removing causative pathogens and pathogenic cells, clearing prostatic endotoxin and blockages and calcification, and discharging harmful substances. There is no other treatment method like this in the world.

Here are examples of prostate harmful substances expelled during the unblocking phase of our 3D Prostate Targeted Treatment. Many patients expel significant amounts of harmful substances over a period of time.

## **Comparison of 3D Prostate Targeted Therapy And Other Prostate Treatments**

3D Prostate Targeted Therapy:

The 3D Prostate Targeted Therapy is the best prostate treatment in the world. Traditional treatment methods can't do anything to effectively treat the root causes of the disease, they can only treat surface symptoms. Therefore, once the treatment is stopped, surface symptoms will soon relapse or become worse. Our 3D Prostate Treatment is a method that treats the root cause of the disease, so once you are cured, your symptoms will not relapse. 3D Prostate Targeted Treatment neither has any side effects, nor causes any damage to the prostate and other urogenital organs.

Our 3D Prostate Targeted Treatment is a scientific and natural therapy. It is highly efficient, safe, has short treatment periods, a consolidated cure effect, no significant pain, and no negative side effects. Patients who receive our 3D Prostate Targeted Treatment come to understand that our techniques, skills, and clinical experience are the best in the world. No other doctors or medical establishments in the world have achieved our high success rates. For example, the cure rate of 3D prostatitis treatment can reach 95%, while the traditional prostatitis treatment, their cure rate is less than 20%.

Traditional Prostate Treatment:

Currently most prostate disease treatments cannot meet patients' requirement for cure. There are many different treatments for prostate disease that are not very effective. Usually prescribed treatments are antibiotics, physical therapy, prostate massage, anti-inflammation, pain relievers, muscle relaxants, plant extracts,  $\alpha$ -adrenergic blocker, 5 $\alpha$ -reductase inhibitors, endocrine therapy, radiation therapy, chemotherapy and surgical therapy. But both doctors and patients are not satisfied with the results from these prostate disease treatments.

These traditional treatments also cause many additional side effects. For example, transurethral resection of prostate (TURP) is still considered as the gold standard for benign prostatic hyperplasia (BPH) patients. Although it can significantly improve the urethral obstruction, but also can cause many additional side effects, such as unable to ejaculation, urinary incontinence, forming fibrosis sclerosis and calcification around the surgery area. The following transrectal ultrasound (TRUS) picture clearly shows:

After receiving TURP, the patient's central region of the prostate has formed a cavity, the surrounding area has formed a lot of calcification and fibrosis sclerosis, and thus causing recurrent urethritis and prostatitis.

## **The 3D Urology and Prostate Clinics**

The 3D Urology and Prostate Clinics are specialized in treating various types of prostate disease and [complications](#), such as [prostatitis](#), [enlarged prostate](#), benign prostatic hyperplasia (BPH), [prostate cancer](#), seminal vesiculitis, epididymitis, cystitis, prostate blockage

and calcification, and chronic pelvic pain syndrome (CPPS), etc.

We are pleased to state in most cases we are able to safely and completely treat various complex prostate diseases and complications with our own unique 3D Prostate Targeted Treatment. We are the only medical facility to offer 3D Prostate Targeted Treatment. Patients come from more than 60 countries to receive our treatment with most obtaining excellent results. Many long-term sufferers who experienced treatment failure, developed resistance to medicines, and/or have been effectively abandoned by other medical establishments often obtain very good results.

## **The Creditability of 3D Prostate Targeted Treatment and the 3D Urology and Prostate Clinic**

The 3D Prostate Targeted Treatment has developed on the basis of researches and observations by Dr. Song. Many domestic and foreign patients have been treated in the past 20 years. The 3D Prostate Targeted Treatment has a unique method of eliminating the causative pathogens and various prostate lesions. It is safe and effective for treating prostate disease and complications.

Patients often search information about us from the internet or from other patients. Most of the patients we treat have long histories of prostate disease and complicated symptoms. They have received various treatments elsewhere and are able to compare our 3D Prostate Targeted Treatment with other treatments. Most of our patients say, without a doubt, our treatment method is the best.

Our 3D Prostate Targeted Treatment method is carried out based on trust. Close relationships often develop between our doctors and patients. Also, patients often develop close relationships among themselves. We try hard to create a good atmosphere of communication between doctors and patients. It is very important that patients gain a good understanding of their condition and our treatment. Most of our patients say, when evaluating our treatment method, we have the best treatment and the best successful treatment effect.

There are many false information and advertisements on the internet, and many patients have been cheated. Also because of the diseases, some patients may have serious psychological problems. For these patients, we will emphasize more on psycho-therapy, and try our best to help these patients. Mr. Lin from Zhanjiang has been suffering from prostatitis for years. He visited many doctors, and he was mentally desperate. He is successfully treated by our 3D Prostate Targeted Treatment, and he said doctors at our clinic are the best doctors he has met. Many foreign patients also said the same.

Our 3D Prostate Targeted Treatment and 3D Urology and Prostate Clinics have highly gained reputations among our patients. 3D Prostate Targeted Therapy is one of the best prostate treatments, and our 3D Urology and Prostate Clinics are the premier prostate treatment clinics in the world. [Testimonies](#) and [videos](#) from patients all over the world fully demonstrate this.

## **Inquiry and Appointment**

The success and credibility of 3D Prostate Targeted Treatment and 3D Prostate Targeted Treatment Clinic are high. We have had over 20 years of successful treatment experience. If you are suffering from complex prostate disease, you should schedule an appointment to come to our clinic as soon as possible. We have the experience and ability to help you.

When you submit your answers to the following medical questionnaire, we should be able to give you an estimate of which treatment level would most likely be suitable for you and

which doctor will serve your condition best.

[Appointment.html](#)

You can also request an appointment for a specific doctor if desired.

If you have any questions, please feel free to contact us.

You can contact us directly for consultation and appointments by the following ways:

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From Left to Right Hazel Goulding (Treasurer) Leon D Wright (IT Admin) Stuart Marshall (Secretary) Steve Laird (Vice Chairman) Dave Riley (Chairman)

We are a group of local people who know about prostate cancer. We are a friendly organisation dedicated to offering support to men who have had or who are experiencing the effects of this potentially life threatening disease.

The East Lanc's Prostate Cancer Support Group offers a place for free exchange of information and help for local men and their supporters (family and friends) who may be affected by this increasingly common form of male cancer.

At each meeting we strive to be a happy, supportive and upbeat group of people; encouraging open discussion on what can be a very difficult and perhaps for some an